



### ***School Reintegration Plan for School Refusal Students***

This program is designed as a holistic approach to reintegrating students back into school who have exhibited significant school refusal behavior.

#### **THE STUDENT:**

- A. Abbreviated School Day:** Each student will start with an abbreviated school day for a specified number of hours a day. The initial number of hours will be determined in consultation with the parents, the student, the school's Director and the school's clinical staff. Initial school hours will be in the afternoon, during regular school hours, so as to avoid the typical early morning difficulties many of these students' experience.

The student will attend a class or two and then the schoolwide social recreation period. If the student is not yet ready to attend classes, alternate preferred activities will be undertaken under the supervision of the school's support staff.

The student will be allowed to choose his/her initial class schedule from a group of 5 or 6 elective courses.

Each student will be given a buddy/mentor. This buddy/mentor may be a student or staff member who shares common interests with the student. This buddy/mentor will be able to help integrate the student into the school community and begin the process of building relationships at Woodhouse Academy.

- B. Student Progression:** Each student will progress towards additional school hours at his/her own pace. The introduction of increased hours will be determined by the school staff, the parents and the student during a mandatory bi-weekly meeting (the district is welcome to participate in these biweekly meetings if they wish). Among the criteria to be examined are 1.)

the student's comfort level, 2.) the amount the student has attended over the previous two-week period, 3.) the degree to which the student has actively participated in class and social activities, 4.) any other factors the team deems relevant to that individual student.

## **THE PARENTS:**

**A. Initial Consultation:** Upon placement by the District of a student into this program, the school staff and parents will have an initial meeting to establish an action plan designed to assist the family in getting the student to attend school. This plan will detail what recommended strategies the parents can employ with the student based upon our experience in dealing with school refusal students and will be designed with the assistance of our special education teacher who has experience in creating these types of plans. Some of the strategies available are encouraging phone calls with the student from the school social worker, assistance in coaxing the student out of the car upon arrival at school, meeting with the social worker to discuss their concerns, and learning strategies to employ to help in reducing anxiety.

At the time of the initial consultation, the parents will be expected to sign a contract with Woodhouse Academy to ensure that both the parents and Woodhouse Academy are on the same page. The contract, in addition to the action plan, will detail transportation rules and how to deal with any stumbling blocks encountered during the reintegration process.

**B. Parent Involvement:** Parent involvement is extremely important for the success of the program. The parent is expected to attend the mandatory meeting with team every two weeks to discuss the student's progress, the potential to increase the student's hours of attendance and to provide the parents with the support they need to assist the school staff with the successful implementation of the program.